

9TH ANNUAL HEARTLAND TRIATHLON  
 SPRINT: Swim 1/4 mile \* Bike 14 miles \* Run 5K  
 INTERNATIONAL: Swim .93 miles \* Bike 24.8 miles \* Run 6.2 miles  
 June 15, 2014 - Sebring, FL  
 Timing: Sommer Sports ChipTimes.com - Race Director: Cherie Starr

OFFICIAL RESULTS - OVERALL

| Place | Name               | Age | City/State          | Finish Time | Swim Plc | Swim Time | Trnl Plc | Trans #1 | Bike Plc | Bike Time | Bike Rate | Cum Plc | Cum Time | Trn2 Plc | Trans #2 | Run Plc | Run Time | Pace /mile |
|-------|--------------------|-----|---------------------|-------------|----------|-----------|----------|----------|----------|-----------|-----------|---------|----------|----------|----------|---------|----------|------------|
| 1     | TOMMY ALLORE       | 27  | JENSEN BEACH FL     | 58:39       | 10       | 5:13      | 1        | 1:07     | 5        | 34:35     | 24.3      | 4       | 40:54    | 1        | 0:46     | 6       | 17:00    | 5:29       |
| 2     | ANDREA UGAZIO      | 49  | KISSIMMEE FL        | 59:00       | 2        | 4:48      | 18       | 1:24     | 4        | 34:27     | 24.4      | 1       | 40:38    | 28       | 1:02     | 10      | 17:21    | 5:35       |
| 3     | SAM GEIMAN         | 18  | WEST PALM BEACH FL  | 59:10       | 5        | 4:59      | 4        | 1:11     | 20       | 36:20     | 23.1      | 14      | 42:29    | 5        | 0:53     | 1       | 15:50    | 5:06       |
| 4     | GRAHAM PIMENTEL    | 17  | NAPLES FL           | 59:12       | 1        | 4:32      | 27       | 1:26     | 14       | 35:42     | 23.5      | 5       | 41:39    | 20       | 1:00     | 3       | 16:34    | 5:20       |
| 5     | NICHOLAS LEBLANC   | 17  | FERNANDINA BEACH FL | 59:36       | 4        | 4:58      | 16       | 1:22     | 12       | 35:30     | 23.7      | 9       | 41:49    | 2        | 0:48     | 5       | 17:00    | 5:29       |
| 6     | LUKE WALKER        | 36  | JENSEN BEACH FL     | 59:44       | 24       | 5:49      | 5        | 1:14     | 8        | 34:47     | 24.1      | 8       | 41:49    | 23       | 1:00     | 4       | 16:57    | 5:28       |
| 7     | JOSHUA SERVI       | 28  | LONGWOOD FL         | 1:00:08     | 25       | 5:49      | 7        | 1:15     | 2        | 33:43     | 24.9      | 2       | 40:45    | 51       | 1:09     | 15      | 18:15    | 5:53       |
| 8     | ANDREAS MORAITIS   | 33  | WINTER PARK FL      | 1:00:10     | 54       | 6:30      | 12       | 1:20     | 3        | 33:53     | 24.8      | 6       | 41:42    | 56       | 1:11     | 9       | 17:18    | 5:34       |
| 9     | EDSON SOARES       | 42  | ORLANDO FL          | 1:01:05     | 41       | 6:18      | 37       | 1:31     | 7        | 34:41     | 24.2      | 15      | 42:29    | 21       | 1:00     | 12      | 17:38    | 5:41       |
| 10    | TAYLOR KNIBB       | 16  | WASHINGTON DC       | 1:01:26     | 6        | 5:02      | 2        | 1:10     | 16       | 35:54     | 23.4      | 11      | 42:05    | 27       | 1:02     | 16      | 18:21    | 5:55       |
| 11    | CLAY WILSON        | 55  | MIAMI FL            | 1:01:55     | 27       | 5:50      | 32       | 1:28     | 9        | 34:50     | 24.1      | 12      | 42:07    | 74       | 1:16     | 18      | 18:33    | 5:59       |
| 12    | JOHN HOVIUS        | 45  | GROVELAND FL        | 1:02:07     | 23       | 5:47      | 6        | 1:15     | 10       | 35:07     | 23.9      | 13      | 42:08    | 32       | 1:03     | 28      | 18:57    | 6:06       |
| 13    | ANDRES TOVAR       | 35  | PORT ST LUCIE FL    | 1:02:10     | 9        | 5:10      | 29       | 1:26     | 11       | 35:25     | 23.7      | 10      | 42:00    | 29       | 1:02     | 32      | 19:09    | 6:10       |
| 14    | HECTOR L TORRES    | 36  | ORLANDO FL          | 1:02:18     | 51       | 6:28      | 21       | 1:24     | 19       | 36:18     | 23.1      | 21      | 44:09    | 19       | 1:00     | 7       | 17:09    | 5:32       |
| 15    | LUIS ORTIZ         | 14  | ORLANDO FL          | 1:02:30     | 14       | 5:27      | 8        | 1:16     | 50       | 38:48     | 21.6      | 31      | 45:30    | 11       | 0:56     | 2       | 16:06    | 5:11       |
| 16    | SHAY SOPRENUK      | 29  | UMATILLA FL         | 1:03:14     | 31       | 5:55      | 10       | 1:17     | 1        | 33:37     | 25.0      | 3       | 40:48    | 18       | 0:59     | 39      | 19:28    | 6:16       |
| 17    | JEFFREY CHANDLER   | 34  | FORT PIERCE FL      | 1:04:00     | 15       | 5:28      | 40       | 1:32     | 30       | 37:07     | 22.6      | 20      | 44:07    | 40       | 1:06     | 22      | 18:49    | 6:04       |
| 18    | CIARA HOPKINS      | 17  | CLERMONT FL         | 1:04:11     | 17       | 5:31      | 3        | 1:10     | 34       | 37:35     | 22.4      | 23      | 44:15    | 3        | 0:52     | 31      | 19:06    | 6:09       |
| 19    | ROB DECLERCQ       | 39  | DAVIE FL            | 1:04:13     | 20       | 5:40      | 36       | 1:31     | 32       | 37:21     | 22.5      | 24      | 44:31    | 77       | 1:16     | 17      | 18:26    | 5:56       |
| 20    | BERNARDO PEREZ     | 39  | MIAMI FL            | 1:04:14     | 53       | 6:30      | 42       | 1:33     | 17       | 35:57     | 23.4      | 18      | 43:59    | 57       | 1:11     | 30      | 19:05    | 6:09       |
| 21    | JAMES GORMAN       | 40  | KISSIMMEE FL        | 1:04:20     | 84       | 6:57      | 66       | 1:45     | 24       | 36:48     | 22.8      | 30      | 45:29    | 43       | 1:06     | 14      | 17:46    | 5:43       |
| 22    | DANIEL NEWMAN      | 38  | STUART FL           | 1:04:21     | 81       | 6:55      | 34       | 1:30     | 15       | 35:47     | 23.5      | 22      | 44:11    | 7        | 0:54     | 36      | 19:18    | 6:13       |
| 23    | JORGE FERNANDES    | 45  | PALM CITY FL        | 1:04:47     | 29       | 5:53      | 35       | 1:31     | 23       | 36:35     | 23.0      | 16      | 43:58    | 44       | 1:06     | 44      | 19:44    | 6:21       |
| 24    | DAVID GRESKO       | 52  | TAMPA FL            | 1:05:09     | 91       | 7:02      | 49       | 1:35     | 18       | 36:06     | 23.3      | 25      | 44:42    | 114      | 1:26     | 29      | 19:02    | 6:08       |
| 25    | ERIC MATTHEWS      | 35  | PORT ST LUCIE FL    | 1:05:25     | 64       | 6:41      | 59       | 1:41     | 13       | 35:38     | 23.6      | 17      | 43:59    | 54       | 1:10     | 53      | 20:17    | 6:32       |
| 26    | ERIK MOGELVANG     | 40  | NAPLES FL           | 1:05:27     | 48       | 6:26      | 15       | 1:21     | 21       | 36:20     | 23.1      | 19      | 44:06    | 35       | 1:04     | 54      | 20:18    | 6:32       |
| 27    | LACHLAN HOVIUS     | 13  | GROVELAND FL        | 1:05:27     | 19       | 5:37      | 13       | 1:20     | 41       | 38:20     | 21.9      | 28      | 45:16    | 6        | 0:54     | 37      | 19:19    | 6:13       |
| 28    | SAMUEL SHAFFER     | 16  | MELBOURNE FL        | 1:05:49     | 16       | 5:30      | 14       | 1:21     | 82       | 40:20     | 20.8      | 48      | 47:10    | 9        | 0:55     | 13      | 17:45    | 5:43       |
| 29    | STEVE GALLAGHER    | 58  | WINTER PARK FL      | 1:06:00     | 43       | 6:21      | 87       | 1:57     | 25       | 36:51     | 22.8      | 27      | 45:08    | 106      | 1:25     | 40      | 19:28    | 6:16       |
| 30    | CHRISTIE KOLSTEDT  | 31  | ORLANDO FL          | 1:06:01     | 36       | 6:06      | 52       | 1:37     | 42       | 38:26     | 21.9      | 35      | 46:08    | 24       | 1:01     | 25      | 18:53    | 6:05       |
| 31    | VICTOR KARSTENDIEK | 18  | TAMPA FL            | 1:06:56     | 65       | 6:42      | 28       | 1:26     | 46       | 38:41     | 21.7      | 40      | 46:49    | 17       | 0:59     | 33      | 19:09    | 6:10       |
| 32    | MICHAEL MOORE      | 56  | SAINT CLOUD FL      | 1:07:02     | 160      | 7:56      | 58       | 1:39     | 33       | 37:30     | 22.4      | 46      | 47:04    | 80       | 1:17     | 21      | 18:42    | 6:02       |
| 33    | ROD CROWLEY        | 52  | LAKELAND FL         | 1:07:03     | 76       | 6:50      | 9        | 1:16     | 56       | 39:09     | 21.5      | 51      | 47:14    | 16       | 0:59     | 23      | 18:51    | 6:04       |
| 34    | JORGE LOPEZ        | 43  | MIAMI BEACH FL      | 1:07:10     | 127      | 7:37      | 41       | 1:33     | 37       | 38:02     | 22.1      | 49      | 47:11    | 49       | 1:08     | 24      | 18:51    | 6:04       |
| 35    | SCOTT MCCONNELEE   | 36  | NAPLES FL           | 1:07:21     | 58       | 6:35      | 65       | 1:45     | 44       | 38:35     | 21.8      | 42      | 46:54    | 70       | 1:15     | 34      | 19:13    | 6:12       |
| 36    | STEPHEN TRANTHAM   | 50  | SAINT CLOUD FL      | 1:07:33     | 115      | 7:28      | 54       | 1:37     | 22       | 36:27     | 23.0      | 32      | 45:31    | 69       | 1:14     | 62      | 20:48    | 6:42       |
| 37    | CORBIN WAPSHOTT    | 16  | LONGWOOD FL         | 1:07:38     | 3        | 4:56      | 11       | 1:19     | 94       | 40:59     | 20.5      | 50      | 47:13    | 10       | 0:55     | 41      | 19:30    | 6:17       |
| 38    | ANDREW KITTSLEY    | 34  | ORLANDO FL          | 1:07:41     | 32       | 5:59      | 26       | 1:26     | 36       | 37:53     | 22.2      | 29      | 45:17    | 12       | 0:57     | 77      | 21:28    | 6:55       |
| 39    | CHRISTOPHER SARNO  | 49  | SARASOTA FL         | 1:07:47     | 55       | 6:31      | 45       | 1:34     | 66       | 39:46     | 21.1      | 57      | 47:51    | 33       | 1:03     | 26      | 18:54    | 6:05       |
| 40    | HEATHER BUTCHER    | 42  | NORTH PORT FL       | 1:07:50     | 26       | 5:49      | 46       | 1:35     | 88       | 40:35     | 20.7      | 58      | 47:58    | 61       | 1:12     | 20      | 18:41    | 6:01       |
| 41    | DAVID REBACK       | 46  | NORTH PALM BEACH FL | 1:07:50     | 11       | 5:13      | 43       | 1:33     | 59       | 39:22     | 21.3      | 34      | 46:07    | 36       | 1:04     | 59      | 20:40    | 6:39       |
| 42    | KEN JUNKINS        | 60  | SAINT CLOUD FL      | 1:07:57     | 124      | 7:34      | 95       | 1:59     | 27       | 37:03     | 22.7      | 37      | 46:35    | 83       | 1:17     | 49      | 20:05    | 6:28       |
| 43    | SEAN BROWN         | 42  | WAUCHULA FL         | 1:08:05     | 92       | 7:02      | 48       | 1:35     | 95       | 41:00     | 20.5      | 76      | 49:36    | 4        | 0:53     | 11      | 17:37    | 5:41       |
| 44    | JAVIER RIVERA      | 32  | ORLANDO FL          | 1:08:19     | 22       | 5:45      | 22       | 1:25     | 6        | 34:35     | 24.3      | 7       | 41:44    | 31       | 1:03     | 187     | 25:33    | 8:14       |
| 45    | TEO PALMIERI       | 47  | MIAMI BEACH FL      | 1:08:22     | 142      | 7:45      | 17       | 1:22     | 35       | 37:38     | 22.3      | 38      | 46:44    | 156      | 1:37     | 48      | 20:02    | 6:27       |
| 46    | TOM ROGERS         | 50  | HIGHLAND CITY FL    | 1:08:47     | 85       | 6:58      | 39       | 1:31     | 31       | 37:13     | 22.6      | 33      | 45:41    | 71       | 1:15     | 86      | 21:52    | 7:03       |
| 47    | CHRIS ALTIMARI     | 57  | TAMPA FL            | 1:08:50     | 166      | 7:59      | 88       | 1:57     | 29       | 37:05     | 22.7      | 45      | 46:59    | 211      | 1:51     | 47      | 20:01    | 6:27       |
| 48    | BERT COX           | 39  | SEBRING FL          | 1:09:45     | 232      | 8:33      | 55       | 1:38     | 28       | 37:05     | 22.7      | 52      | 47:14    | 142      | 1:34     | 66      | 20:58    | 6:45       |
| 49    | TODD SAUNDERS      | 34  | NAPLES FL           | 1:09:45     | 123      | 7:34      | 113      | 2:10     | 51       | 38:55     | 21.6      | 65      | 48:38    | 48       | 1:08     | 46      | 20:00    | 6:26       |
| 50    | KEVIN DAVIS        | 33  | KEY WEST FL         | 1:10:00     | 74       | 6:49      | 152      | 2:33     | 69       | 39:51     | 21.1      | 72      | 49:12    | 79       | 1:17     | 42      | 19:33    | 6:18       |
| 51    | CALE SIMMONS       | 39  | PORT ST LUCIE FL    | 1:10:09     | 75       | 6:49      | 44       | 1:34     | 45       | 38:36     | 21.8      | 44      | 46:58    | 63       | 1:12     | 91      | 22:00    | 7:05       |











|     |                    |    |                       |         |     |       |     |      |     |         |      |     |         |     |      |     |       |       |
|-----|--------------------|----|-----------------------|---------|-----|-------|-----|------|-----|---------|------|-----|---------|-----|------|-----|-------|-------|
| 367 | MARY ELLEN EASLEY  | 63 | OCALA FL              | 1:51:52 | 349 | 10:22 | 346 | 4:18 | 357 | 58:15   | 14.4 | 362 | 1:12:54 | 209 | 1:49 | 354 | 37:10 | 11:58 |
| 368 | GARY DALTON        | 55 | ORLANDO FL            | 1:52:36 | 364 | 11:09 | 349 | 4:27 | 353 | 56:50   | 14.8 | 360 | 1:12:25 | 286 | 2:18 | 358 | 37:54 | 12:12 |
| 369 | JENNIFER WILLIAMS  | 41 | SEBRING FL            | 1:55:45 | 282 | 9:05  | 324 | 3:54 | 370 | 1:02:32 | 13.4 | 368 | 1:15:30 | 292 | 2:20 | 359 | 37:56 | 12:13 |
| 370 | MEREDITH ROSSER    | 41 | OAKLAND FL            | 1:55:50 | 351 | 10:34 | 278 | 3:24 | 351 | 56:11   | 15.0 | 352 | 1:10:08 | 341 | 2:50 | 380 | 42:53 | 13:49 |
| 371 | JILL BOWERS        | 46 | LONGWOOD FL           | 1:56:29 | 363 | 11:09 | 348 | 4:27 | 306 | 51:34   | 16.3 | 335 | 1:07:08 | 381 | 4:23 | 384 | 44:59 | 14:29 |
| 372 | CHRISTINE HAGEN    | 43 | SEBRING FL            | 1:56:45 | 289 | 9:12  | 360 | 4:44 | 378 | 1:07:04 | 12.5 | 379 | 1:20:59 | 132 | 1:32 | 338 | 34:15 | 11:02 |
| 373 | THOMAS MORELLI     | 28 | WINTER GARDEN FL      | 1:56:51 | 281 | 9:04  | 327 | 3:54 | 373 | 1:04:09 | 13.1 | 374 | 1:17:07 | 354 | 3:06 | 352 | 36:40 | 11:48 |
| 374 | LARRY YOST         | 84 | TREASURE ISLAND FL    | 1:57:56 | 381 | 12:42 | 337 | 4:08 | 369 | 1:01:39 | 13.6 | 376 | 1:18:28 | 386 | 5:30 | 334 | 34:00 | 10:57 |
| 375 | CINDY GODFREY      | 52 | TREASURE ISLAND FL    | 1:58:34 | 353 | 10:39 | 383 | 6:00 | 365 | 59:40   | 14.1 | 370 | 1:16:18 | 351 | 3:03 | 368 | 39:13 | 12:38 |
| 376 | MELISSA SMITH      | 31 | SEBRING FL            | 1:59:20 | 334 | 9:58  | 341 | 4:11 | 367 | 1:01:25 | 13.7 | 369 | 1:15:33 | 261 | 2:04 | 377 | 41:44 | 13:26 |
| 377 | CANDY VELEZ        | 39 | SEBRING FL            | 2:03:02 |     |       |     |      |     |         |      |     |         |     |      | 361 | 38:27 | 12:23 |
| 378 | SAMUEL VELEZ       | 39 | SEBRING FL            | 2:03:02 |     |       |     |      |     |         |      |     |         |     |      | 363 | 38:28 | 12:23 |
| 379 | CATHERINE PRANN    | 39 | PORT ST. LUCIE FL     | 2:04:47 | 387 | 13:43 | 377 | 5:14 | 371 | 1:03:17 | 13.3 | 382 | 1:22:14 | 321 | 2:36 | 376 | 39:59 | 12:52 |
| 380 | KAYLEE TUCK        | 20 | SEBRING FL            | 2:04:49 | 361 | 11:08 | 363 | 4:49 | 376 | 1:05:47 | 12.8 | 381 | 1:21:43 | 370 | 3:35 | 370 | 39:32 | 12:44 |
| 381 | JEAN WONG          | 27 | AVON PARK FL          | 2:05:22 | 372 | 11:49 | 357 | 4:41 | 383 | 1:15:01 | 11.2 | 385 | 1:31:31 | 191 | 1:45 | 316 | 32:07 | 10:21 |
| 382 | KATHERINE WRAY     | 36 | PALM BEACH GARDENS FL | 2:05:45 | 299 | 9:20  | 264 | 3:19 | 380 | 1:07:42 | 12.4 | 377 | 1:20:19 | 304 | 2:26 | 381 | 43:02 | 13:51 |
| 383 | TYLER ELGERSMA     | 27 | PORT CHARLOTTE FL     | 2:06:02 | 346 | 10:18 | 359 | 4:42 | 358 | 58:22   | 14.4 | 365 | 1:13:21 | 385 | 5:29 | 385 | 47:13 | 15:12 |
| 384 | NANCY PHANEUF      | 55 | TAMPA FL              | 2:06:40 | 237 | 8:35  | 386 | 6:19 | 368 | 1:01:36 | 13.6 | 371 | 1:16:29 | 387 | 5:36 | 383 | 44:35 | 14:21 |
| 385 | BOBBIE CHAMBERLIN  | 40 | SAINT CLOUD FL        | 2:07:04 | 308 | 9:32  | 382 | 5:49 | 375 | 1:05:17 | 12.9 | 378 | 1:20:38 | 369 | 3:35 | 379 | 42:53 | 13:48 |
| 386 | JOSEPH NEGRON      | 53 | STUART FL             | 2:08:43 | 321 | 9:44  | 389 | 8:03 | 379 | 1:07:41 | 12.4 | 384 | 1:25:27 | 336 | 2:47 | 364 | 38:30 | 12:24 |
| 387 | C. FRANCES RODGERS | 54 | APOPKA FL             | 2:08:58 | 337 | 10:01 | 381 | 5:47 | 362 | 59:08   | 14.2 | 367 | 1:14:55 | 379 | 4:09 | 386 | 49:54 | 16:04 |
| 388 | JIM SCHLUNDT       | 75 | NAPLES FL             | 2:18:11 | 389 | 14:15 | 388 | 7:46 | 363 | 59:11   | 14.2 | 380 | 1:21:12 | 383 | 4:58 | 387 | 52:02 | 16:45 |
| 389 | MELISSA HORTON     | 43 | SEBRING FL            | 2:21:28 | 362 | 11:09 | 369 | 5:03 | 384 | 1:23:55 | 10.0 | 387 | 1:40:06 | 297 | 2:21 | 367 | 39:02 | 12:34 |
| 390 | JACKIE YOST        | 86 | TREASURE ISLAND FL    | 2:32:46 | 390 | 14:56 | 378 | 5:16 | 382 | 1:13:13 | 11.5 | 386 | 1:33:24 | 384 | 5:12 | 388 | 54:11 | 17:27 |
| 391 | CAROLYN ROGERS     | 63 | BELLE ISLE FL         | 2:44:35 | 356 | 10:44 | 380 | 5:29 | 385 | 1:44:58 | 8.0  | 388 | 2:01:10 | 367 | 3:29 | 375 | 39:58 | 12:52 |
| 392 | DYLAN RUSHER       | 19 | VALRICO FL            |         | 215 | 8:23  | 374 | 5:11 |     |         |      |     |         |     |      |     |       |       |
| 393 | RICK LONERGAN      | 55 | PEMBROKE PINES FL     |         | 245 | 8:41  | 135 | 2:21 | 143 | 43:20   | 19.4 | 153 | 54:21   | 236 | 1:55 |     |       |       |
| 394 | TIM MASSEY         | 56 | AVON PARK FL          |         | 262 | 8:52  | 318 | 3:48 | 381 | 1:12:01 | 11.7 | 383 | 1:24:40 |     |      |     |       |       |
| 395 | BLISS REBACK       | 16 | NORTH PALM BEACH FL   |         | 62  | 6:40  | 157 | 2:35 |     |         |      |     |         |     |      |     |       |       |
| 396 | LARRY JERNIGAN     | 58 | SEBRING FL            |         | 252 | 8:47  | 350 | 4:29 |     |         |      |     |         |     |      |     |       |       |
| 397 | STACEY BEVERLEY    | 33 | MARGATE FL            |         | 323 | 9:45  | 269 | 3:19 |     |         |      |     |         |     |      |     |       |       |