

9TH ANNUAL HEARTLAND TRIATHLON  
 SPRINT: Swim 1/4 mile \* Bike 14 miles \* Run 5K  
 INTERNATIONAL: Swim .93 miles \* Bike 24.8 miles \* Run 6.2 miles  
 June 15, 2014 - Sebring, FL  
 Timing: Sommer Sports ChipTimes.com - Race Director: Cherie Starr

OFFICIAL RESULTS - INTERNATIONAL FEMALE

Place	Name	Age	City/State	Finish Time	Swim Plc	Swim Time	Trnl Plc	Trans #1	Bike Plc	Bike Time	Bike Rate	Cum Plc	Cum Time	Trn2 Plc	Trans #2	Run Plc	Run Time	Pace /mile
1	KERRY SIMMONS	48	LAKE MARY FL	2:10:43	2	22:24	4	1:34	3	1:04:24	23.1	1	1:28:21	6	1:00	5	41:22	6:40
2	OLA BESSER	29	MIAMI BEACH FL	2:12:28	7	24:24	11	1:49	1	1:04:11	23.2	3	1:30:23	8	1:08	4	40:58	6:36
3	EVELYN SALAMA	41	PEMBROKE PINES FL	2:13:21	5	24:09	8	1:40	5	1:04:33	23.1	2	1:30:21	19	1:21	6	41:40	6:43
4	TERESA TINSLEY	54	APOPKA FL	2:18:30	6	24:12	7	1:39	6	1:04:57	22.9	4	1:30:46	46	1:44	28	46:00	7:25
5	ALICIA SCHULTZ	48	JUPITER FL	2:19:16	15	28:11	17	1:56	7	1:05:40	22.7	5	1:35:45	10	1:11	7	42:20	6:49
6	ANNA EMERY	32	CLERMONT FL	2:20:39	9	25:17	52	2:28	11	1:08:09	21.8	8	1:35:53	33	1:35	12	43:12	6:58
7	ALLYSON HOLLAND	32	NAPLES FL	2:21:23	34	29:28	15	1:55	4	1:04:26	23.1	7	1:35:48	14	1:15	18	44:21	7:09
8	SARA WEAVER	50	NAPLES FL	2:22:16	4	24:08	12	1:52	14	1:10:13	21.2	10	1:36:12	12	1:15	21	44:50	7:13
9	ELIZABETH GREENWALD	32	FORT LAUDERDALE FL	2:22:31	13	27:08	3	1:33	13	1:09:12	21.5	13	1:37:51	15	1:17	14	43:25	7:00
10	RACHEL LEE	45	CAPE CORAL FL	2:22:54	46	31:37	13	1:54	10	1:07:53	21.9	16	1:41:22	23	1:27	3	40:06	6:28
11	KAREN BLAMICK	51	LONGWOOD FL	2:24:31	14	27:34	27	2:06	8	1:06:15	22.5	9	1:35:54	43	1:41	31	46:57	7:34
12	AMY VERLANDER	29	APOPKA FL	2:24:35	10	26:08	33	2:10	22	1:12:37	20.5	15	1:40:53	11	1:12	8	42:30	6:51
13	ERICA LAZARUS	35	JUPITER FL	2:24:48	18	28:28	20	1:58	27	1:12:51	20.4	21	1:43:16	36	1:35	2	39:58	6:26
14	A AMBER GRIFFITH	27	LAKELAND FL	2:25:13	27	29:10	48	2:25	12	1:08:42	21.7	14	1:40:16	16	1:19	15	43:39	7:02
15	ERIN ROTHROCK	31	LAKELAND FL	2:25:41	21	28:46	31	2:09	9	1:06:33	22.4	11	1:37:27	39	1:39	30	46:36	7:30
16	SHERI LERNER	48	CELEBRATION FL	2:28:24	20	28:45	60	2:39	2	1:04:23	23.1	6	1:35:46	83	2:25	33	48:15	7:46
17	YASMIN SAAD	35	NAPLES FL	2:28:29	3	23:15	16	1:56	21	1:12:33	20.5	12	1:37:43	4	0:59	42	49:48	8:01
18	DANIELLE ELLIOTT	29	ORLANDO FL	2:29:22	23	28:55	39	2:14	23	1:12:44	20.5	24	1:43:52	30	1:33	16	43:58	7:05
19	KIMBERLY GABRIEL	22	PALM BEACH GARDENS IL	2:29:43	8	24:58	59	2:35	59	1:17:49	19.1	28	1:45:22	42	1:41	9	42:41	6:53
20	SARA DEAN	38	ORMOND BEACH FL	2:30:13	22	28:52	30	2:09	15	1:10:54	21.0	18	1:41:54	20	1:22	24	44:59	7:15
21	KAYLA PRATT	19	WEST PALM BEACH FL	2:31:02	16	28:12	6	1:38	40	1:15:06	19.8	26	1:44:54	9	1:10	25	44:59	7:15
22	JOY BAKER	36	LAKELAND FL	2:31:06	55	32:44	10	1:48	20	1:12:09	20.6	32	1:46:41	28	1:33	10	42:54	6:55
23	ANDREA TYLER	35	LAKE MARY FL	2:31:07	12	27:07	23	2:00	24	1:12:46	20.4	17	1:41:52	44	1:42	32	47:35	7:40
24	CHELSEA EBOLI	31	SARASOTA FL	2:33:45	19	28:29	24	2:01	30	1:13:13	20.3	23	1:43:42	29	1:33	35	48:31	7:49
25	TORY HOWAT	48	TAMPA FL	2:33:46	28	29:11	89	3:18	16	1:11:11	20.9	22	1:43:39	47	1:44	34	48:25	7:48
26	MELISSA SCOTT	44	FT. LAUDERDALE FL	2:34:14	30	29:16	29	2:07	17	1:11:19	20.9	19	1:42:41	17	1:20	43	50:14	8:06
27	LISA MILLER	44	STUART FL	2:34:39	26	29:10	26	2:05	25	1:12:46	20.4	25	1:44:00	24	1:28	38	49:12	7:55
28	ALISON BRADFORD	37	NAPLES FL	2:34:40	39	30:03	25	2:01	46	1:15:39	19.7	36	1:47:43	62	1:56	26	45:02	7:15
29	REGAN DAVENPORT	42	BOWLING GREEN FL	2:35:57	40	30:22	5	1:37	55	1:17:12	19.3	41	1:49:10	5	1:00	27	45:47	7:22
30	ROBIN MORAN	57	INDIALANTIC FL	2:36:18	86	37:03	2	1:32	28	1:13:00	20.4	46	1:51:35	21	1:23	13	43:21	6:59
31	KATE GREENOUGH	40	SAINT PETERSBURG FL	2:36:29	67	34:36	45	2:22	26	1:12:47	20.4	44	1:49:44	61	1:55	22	44:50	7:13
32	KIRSTEN HITE	44	POLK CITY FL	2:36:40	78	35:41	21	1:59	38	1:14:17	20.0	47	1:51:56	57	1:52	11	42:54	6:55
33	LACEY CHIMIENI	28		2:38:06	29	29:14	1	1:29	76	1:21:33	18.2	49	1:52:14	3	0:54	23	44:58	7:15
34	LISA MCCARTNEY	40	ORLANDO FL	2:38:38	50	32:23	34	2:11	31	1:13:14	20.3	37	1:47:47	67	2:07	36	48:45	7:51
35	ALYSIA TESTA	45	NAPLES FL	2:38:39	105	43:59	87	3:09	81	1:24:41	17.6	99	2:11:48	92	2:47	1	24:04	3:53
36	KASHKA TARKA	41	STUART FL	2:39:03	36	29:33	22	1:59	33	1:13:36	20.2	27	1:45:08	38	1:37	51	52:19	8:26
37	JERAINA KETCHEM	41	JUPITER FL	2:39:09	72	35:14	53	2:31	47	1:15:46	19.6	52	1:53:30	13	1:15	19	44:25	7:09
38	JENNIFER JONES	47	VERO BEACH FL	2:39:13	45	31:32	9	1:42	48	1:16:04	19.6	42	1:49:17	7	1:06	37	48:51	7:52
39	REELI REINU	41	CLERMONT FL	2:40:24	43	31:02	19	1:58	35	1:14:06	20.1	34	1:47:04	22	1:25	49	51:56	8:22
40	BELINDA LINHARDT	45	CLERMONT FL	2:40:32	60	34:16	28	2:06	32	1:13:18	20.3	43	1:49:39	35	1:35	40	49:18	7:56
41	MICHELLE DALTON	44	CLERMONT FL	2:40:40	24	29:03	56	2:34	37	1:14:08	20.1	29	1:45:44	40	1:40	55	53:16	8:35
42	KATHERINE KINROSS	46	FORT MYERS FL	2:40:45	17	28:17	74	2:52	18	1:11:41	20.8	20	1:42:49	60	1:55	61	56:03	9:02
43	MARILYN HARRIS	54	PORT SAINT LUCIE FL	2:41:45	49	32:20	36	2:11	19	1:12:08	20.6	31	1:46:38	25	1:29	57	53:39	8:38
44	ROSEMARY GAY	58	CLERMONT FL	2:42:38	33	29:26	32	2:09	52	1:16:38	19.4	39	1:48:12	27	1:32	53	52:55	8:31
45	DEE MARSHALL	53	MIAMI FL	2:42:47	42	30:57	38	2:12	39	1:14:21	20.0	35	1:47:29	51	1:49	56	53:30	8:37
46	JILL VOORHIS	54	ST. PETERSBURG FL	2:43:14	11	26:30	61	2:39	54	1:16:44	19.4	30	1:45:52	77	2:19	60	55:04	8:52
47	CHRIS DENNEY	35	ORLANDO FL	2:43:49	62	34:20	47	2:23	43	1:15:32	19.7	48	1:52:14	52	1:50	41	49:46	8:01
48	ERIN WILLIS	33	DUNEDIN FL	2:46:01	69	35:03	49	2:25	74	1:21:25	18.3	66	1:58:53	82	2:23	20	44:46	7:13
49	CATALINA HENAO	25	MIAMI FL	2:46:24	37	29:45	42	2:17	79	1:22:15	18.1	55	1:54:16	37	1:36	46	50:33	8:09
50	KAREN ZIV	35	MYAKKA CITY FL	2:47:01	38	29:52	37	2:11	49	1:16:12	19.5	40	1:48:14	48	1:45	63	57:03	9:11
51	LISA SMITH	47	JUPITER FL	2:47:18	44	31:07	106	4:41	56	1:17:12	19.3	51	1:52:59	88	2:30	48	51:49	8:21

52	PATTY SCHMAEDEKE	46	LAKELAND FL	2:47:23	91	37:57	51	2:27	34	1:13:46	20.2	54	1:54:08	53	1:50	47	51:26	8:17
53	LAUREN FUCHS	54	CORAL SPRINGS FL	2:47:47	52	32:34	66	2:44	71	1:20:35	18.5	60	1:55:52	32	1:35	44	50:21	8:07
54	NOEMI GONZALEZ	42	MIAMI FL	2:47:48	102	43:38	95	3:27	36	1:14:07	20.1	73	2:01:11	78	2:19	17	44:18	7:08
55	VICKI MUSSELMAN	44	AVON PARK FL	2:47:48	47	31:57	62	2:40	63	1:19:09	18.8	53	1:53:45	50	1:49	50	52:15	8:25
56	JANE HAINES	51	JUPITER FL	2:49:02	35	29:29	43	2:18	50	1:16:24	19.5	38	1:48:10	79	2:20	67	58:34	9:26
57	LISA LEAL	37	MIAMI BEACH FL	2:49:07	58	33:43	63	2:41	69	1:20:31	18.5	62	1:56:54	55	1:50	45	50:24	8:07
58	CRYSTAL HARRIS	31	LITHIA FL	2:49:44	95	39:08	57	2:34	67	1:19:46	18.7	74	2:01:27	45	1:44	29	46:34	7:30
59	PAGE RITTER-SOULE	49	WINTER PARK FL	2:50:35	64	34:30	65	2:43	41	1:15:07	19.8	50	1:52:19	69	2:10	62	56:07	9:02
60	GAIL LOHMAN	63	SAINT PETERSBURG FL	2:50:39	59	34:16	46	2:23	60	1:18:09	19.0	56	1:54:47	56	1:51	58	54:02	8:42
61	SARAH DAY	41	MAITLAND FL	2:51:07	85	36:45	54	2:31	58	1:17:44	19.1	63	1:56:59	41	1:41	52	52:27	8:27
62	MICAELA RISELING	45	SANFORD FL	2:51:12	94	38:47	79	2:59	61	1:18:23	19.0	69	2:00:08	49	1:48	39	49:16	7:56
63	DEBBIE OZNER-ANDERSON	48	TERRA CEIA FL	2:51:53	25	29:08	44	2:22	44	1:15:34	19.7	33	1:47:03	31	1:34	82	1:03:17	10:11
64	DIANA BRUNO	56	MIAMI FL	2:55:46	68	34:51	73	2:50	57	1:17:21	19.2	58	1:55:01	76	2:14	66	58:33	9:26
65	LAURIE ROSE	49	NAPLES FL	2:56:19	109	45:07	72	2:50	29	1:13:07	20.4	72	2:01:02	66	2:05	54	53:12	8:34
66	JENNIFER RULAND	46	DAYTONA BEACH FL	2:58:33	73	35:30	75	2:53	51	1:16:26	19.5	57	1:54:48	64	2:05	75	1:01:41	9:56
67	HARRY THORPE	45	MIAMI FL	3:00:42	70	35:11	93	3:23	82	1:24:41	17.6	82	2:03:15	94	2:51	59	54:38	8:48
68	AMANDA PARBUS	52	NAPLES FL	3:01:20	84	36:38	58	2:35	68	1:20:21	18.5	68	1:59:33	72	2:14	71	59:35	9:36
69	KARIN DOTY	46	SEBRING FL	3:01:32	76	35:34	55	2:32	64	1:19:21	18.8	64	1:57:27	58	1:52	78	1:02:15	10:01
70	GLENDA SPARROW	39	TAMPA FL	3:04:49	48	32:10	101	3:49	91	1:26:56	17.1	79	2:02:53	91	2:40	68	59:16	9:33
71	BRITTANY BLACKMAN	30	SARASOTA FL	3:04:55	41	30:48	88	3:13	97	1:29:06	16.7	81	2:03:06	81	2:22	70	59:28	9:35
72	PAMELA SABELLA	52	TAMPA FL	3:05:43	83	36:27	69	2:47	77	1:21:37	18.2	71	2:00:49	70	2:12	80	1:02:43	10:06
73	PATTY DALTON	53	ORLANDO FL	3:07:00	57	33:31	90	3:18	65	1:19:24	18.7	61	1:56:12	86	2:30	95	1:08:18	11:00
74	MARIE FLORES	49	MIAMI FL	3:07:07	66	34:34	76	2:56	85	1:25:09	17.5	78	2:02:38	87	2:30	77	1:01:59	9:59
75	ANGELA FINNERAN	47	MIAMI FL	3:07:08	107	44:39	113	5:12	45	1:15:39	19.7	86	2:05:29	106	3:35	65	58:05	9:21
76	KAREN PRESUTTI	45	JENSEN BEACH FL	3:07:28	90	37:53	82	3:02	72	1:20:36	18.5	75	2:01:30	84	2:26	83	1:03:33	10:14
77	NANCY DRACH	55	LAKE PLACID FL	3:07:38	54	32:44	100	3:42	98	1:29:36	16.6	88	2:06:01	73	2:14	69	59:24	9:34
78	BRENDA BROOKS	52	FT. MYERS FL	3:07:50	61	34:18	68	2:46	84	1:24:54	17.5	76	2:01:57	100	3:09	81	1:02:44	10:06
79	JENNIFER BRYANT	33	ZOLFO SPRINGS FL	3:08:29	32	29:23	40	2:14	93	1:27:25	17.0	67	1:59:01	26	1:29	94	1:08:00	10:57
80	FREDA CLEMENT WILLIS	49	CORAL GABLES FL	3:09:16	74	35:31	110	5:05	83	1:24:49	17.5	85	2:05:24	95	2:53	73	1:00:59	9:49
81	MADELEIDYS DEL TORO	33	MIAMI FL	3:09:26	56	33:29	71	2:50	88	1:26:39	17.2	80	2:02:57	71	2:12	84	1:04:18	10:21
82	HEATHER VOET	43	NEWBERRY FL	3:09:44	99	41:29	80	3:00	75	1:21:26	18.3	87	2:05:54	59	1:54	76	1:01:57	9:59
83	MICHELLE GREENBERG	36	MIAMI FL	3:10:10	81	36:05	18	1:57	86	1:25:16	17.5	83	2:03:17	18	1:21	86	1:05:33	10:33
84	CATHERINE DUNTON	46	PORT SAINT LUCIE FL	3:10:40	82	36:16	78	2:59	73	1:20:59	18.4	70	2:00:12	102	3:12	91	1:07:17	10:50
85	KATHLEEN CURTIS	66	NAPLES FL	3:11:57	87	37:35	85	3:08	87	1:26:16	17.2	90	2:06:57	103	3:22	74	1:01:39	9:56
86	BOBBIE GULLICKSON	62	SEMINOLE FL	3:12:03	98	40:51	67	2:45	62	1:18:40	18.9	77	2:02:15	101	3:11	89	1:06:39	10:44
87	CYNTHIA LANGDON	49	MIAMI FL	3:14:09	108	44:41	97	3:35	53	1:16:42	19.4	84	2:04:58	89	2:31	90	1:06:41	10:44
88	JOANNE LINLEY	48	COCONUT GROVE FL	3:14:26	75	35:32	91	3:20	66	1:19:28	18.7	65	1:58:19	90	2:31	100	1:13:37	11:51
89	CARLY EVANS	33	ORLANDO FL	3:16:03	63	34:27	70	2:47	103	1:31:11	16.3	91	2:08:25	68	2:08	85	1:05:31	10:33
90	SUSAN OTT	48	LARGO FL	3:17:05	53	32:39	64	2:41	70	1:20:32	18.5	59	1:55:51	96	2:54	103	1:18:21	12:37
91	CAROL HAWKINS	59	COOPER CITY FL	3:18:38	88	37:45	94	3:26	94	1:27:56	16.9	93	2:09:06	74	2:14	92	1:07:19	10:50
92	ANNE SPENCER	44	OVIDEO FL	3:20:43	106	44:06	86	3:08	80	1:24:02	17.7	98	2:11:15	98	2:57	87	1:06:33	10:43
93	JUDITH RICHARZ	58	MIAMI FL	3:21:44	77	35:38	105	4:37	100	1:30:33	16.4	96	2:10:47	105	3:31	93	1:07:26	10:52
94	LINDA FROST	62	FORT MYERS FL	3:24:24	103	43:49	96	3:34	78	1:22:03	18.1	95	2:09:25	104	3:29	98	1:11:31	11:31
95	KAYLA MANNING	31	ORLANDO FL	3:24:37	110	45:44	41	2:16	108	1:36:34	15.4	106	2:24:34	63	2:04	64	58:00	9:20
96	DAWN TUSING	53	APOPKA FL	3:25:05	93	38:33	112	5:09	96	1:28:29	16.8	100	2:12:11	107	3:35	96	1:09:20	11:10
97	COLEEN WALSH	46	NAPLES FL	3:26:46	112	48:27	77	2:58	90	1:26:56	17.1	104	2:18:20	54	1:50	88	1:06:37	10:44
98	STEPHANIE RENEGAR	39	ST PETERSBURG FL	3:31:04	89	37:52	50	2:27	101	1:30:52	16.4	97	2:11:11	65	2:05	102	1:17:50	12:32
99	RACHEL KILLAM	26	GAINESVILLE FL	3:32:05	104	43:58	108	4:55	111	1:39:17	15.0	108	2:28:10	34	1:35	79	1:02:22	10:03
100	ERIKKA THALHEIMER	51	NAPLES FL	3:33:48	92	38:22	99	3:39	89	1:26:39	17.2	92	2:08:40	93	2:50	105	1:22:19	13:15
101	KARI EICHEN	41	TAMPA FL	3:36:24	100	42:14	109	5:02	107	1:35:07	15.6	105	2:22:22	97	2:55	97	1:11:07	11:27
102	PENNY REED	52	GOTHA FL	3:37:25	65	34:30	92	3:21	95	1:28:21	16.8	89	2:06:12	112	4:37	108	1:26:37	13:57
103	TAMMY AYER	47	FORT MYERS FL	3:37:34					110	1:38:28	15.1	111	2:32:31	111	4:14	72	1:00:50	9:48
104	TERI RATCLIFF	53	ALTAMONTE SPRINGS FL	3:40:44	71	35:14	102	3:50	105	1:33:47	15.9	102	2:12:50	110	4:07	106	1:23:47	13:29
105	TIFFANY POWELL	28	OCOEE FL	3:41:45	114	52:30	83	3:02	102	1:31:09	16.3	107	2:26:40	80	2:22	99	1:12:44	11:43
106	BEVERLY HUTCHINS	48	SANFORD FL	3:43:42	101	43:05	114	5:55	92	1:27:06	17.1	103	2:16:05	113	5:52	104	1:21:47	13:10
107	JULIE LETENDRE	50	PORT ST LUCIE FL	3:46:53	80	35:46	81	3:01	104	1:33:28	15.9	101	2:12:13	99	2:58	109	1:31:42	14:46
108	PAIGE PRAVE	50	BRANDON FL	3:48:17	111	47:20	111	5:08	109	1:37:02	15.3	109	2:29:29	75	2:14	101	1:16:35	12:20
109	KATHRYN OWNBY	57	WINTER GARDEN FL	4:01:36	113	51:48	107	4:48	106	1:34:34	15.7	110	2:31:09	109	3:56	107	1:26:32	13:56
110	ELIZABETH PRIMIANO	29	ORLANDO FL	4:32:11	97	39:31	103	4:02	113	1:58:24	12.6	113	2:41:56	108	3:47	110	1:46:30	17:09
111	ALISON MANTEL	26	ORLANDO FL		1	22:12	14	1:54										
112	STEPHANIE BIRD	24	NAPERVILLE IL		31	29:23	35	2:11										
113	ERICA SZILAGYI-NORGART	54	NAPLES FL		51	32:34	84	3:07	42	1:15:22	19.7	45	1:51:03	2	0:03			
114	EVA RAMIREZ	35	MIAMI FL		79	35:41	98	3:36	99	1:30:02	16.5	94	2:09:18	85	2:30			

115 VICTORIA CUSACK

46 WINTER PARK FL

96 39:30 104 4:36 112 1:53:31 13.1 112 2:37:36 1 0:03